

ORIGINAL ARTICLE

Serum laminin and collagen IV in inflammatory bowel disease

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Background/Aims: Laminin and collagen IV have been proposed as extracellular matrix serum markers. Because fibrosis is a major complication of inflammatory bowel disease, serum concentrations of laminin and collagen IV were measured in patients with ulcerative colitis (UC) and Crohn's disease (CD) and compared with inflammatory and healthy controls.

Methods: Laminin and collagen IV serum concentrations were measured in 170 patients with inflammatory bowel disease (86 UC and 84 CD), in 23 patients with other causes of intestinal inflammation, and in 80 matched healthy controls using commercially available enzyme linked immunosorbent assays. Laminin and collagen IV concentrations were correlated with disease activity, type, localisation, and treatment.

Results: Mean (SD) serum laminin concentrations were 281.0 (110.1) ng/ml in patients with UC, 275.6 (106.7) ng/ml in patients with CD, 192.0 (17.8) ng/ml in healthy controls, and 198.5 (32.5) ng/ml in inflammatory controls. Mean (SD) serum collagen IV concentrations were 72.8 (22.9) ng/ml in patients with UC, 71.0 (18.2) in patients with CD, 79.8 (12.2) ng/ml in healthy controls, and 88.9 (24.6) ng/ml in inflammatory controls. There was a significant difference among the four groups ($p < 0.0001$) for both markers. There was a strong correlation between serum laminin, but not collagen IV, and disease activity in both diseases. No significant association was found between these markers and disease localisation or disease type.

Conclusions: Serum concentrations of laminin are increased, whereas serum concentrations of collagen IV are decreased, in patients with inflammatory bowel disease. They may be useful surrogate markers for sustained inflammation and tissue remodelling.

The cellular mediators of intestinal fibrosis and the relation between fibrosis and normal repair are not well understood. It has been suggested that the initiation of a fibrotic process is a part of the intestinal response to chronic inflammation in inflammatory bowel disease (IBD).^{1,2} Intestinal fibrosis is characterised by excessive production of extracellular matrix components. The cells in the tissue are constantly interacting with these extracellular matrix proteins and this interaction is essential for cellular functions. Important extracellular matrix glycoproteins are fibronectin, vitronectin, and laminin. Strictures in Crohn's disease (CD) have been found to have a large accumulation of mast cells colocalised with laminin, but not with fibronectin and vitronectin.³ Laminin is a ubiquitous basement membrane component that plays a central role in maintaining the structure and function of basement membranes.⁴ Raised serum laminin concentrations have been found in various diseases.⁵⁻⁷ In a recent study, serum laminin was found to be increased in IBD with hepatobiliary and pancreatic disorders compared with patients without these complications.⁸

"Raised serum laminin concentrations have been found in various diseases"

Collagen IV is also a major component of basement membranes and it has been used as an accurate extracellular matrix serum marker in liver diseases⁹ and in chronic inflammatory diseases, such as rheumatoid arthritis.⁹ Altered collagen metabolism has been suggested in IBD, mainly in CD.¹⁰

The aim of our study was to measure the serum concentrations of laminin and collagen IV in Greek patients

with IBD. We evaluated the significance of these markers in relation to disease activity and the clinical characteristics of the disease.

MATERIALS AND METHODS

Patients

One hundred and seventy consecutive patients with IBD followed up at the department of gastroenterology of the University Hospital of Heraklion, Crete, were included in our study (table 1). Patients with IBD (mean age, 46 years; 94 males and 76 females) were compared with 80 healthy controls (HCs), who were matched to the patient population for age and sex (mean age, 47 years; 47 males and 33 females). HCs were recruited from healthy blood donors, healthy visitors of hospital wards (gynaecology/obstetrics and orthopaedics), and normal hospital personnel. In addition, 23 patients with non-IBD intestinal inflammation (mean age, 50 years; 12 males and 11 females) were used as inflammatory controls. There were six patients with infectious colitis, seven with ischaemic colitis, and 10 with diverticulitis. Sera were collected from the 170 patients with IBD, the 23 inflammatory controls, and the 80 HCs. The diagnosis of UC and CD was based on standard criteria.¹¹ Seven of the 170 patients with IBD (five with UC and two with CD) had an established diagnosis, by endoscopic retrograde cholangiography, of primary sclerosing cholangitis. Disease activity in CD was

Abbreviations: CD, Crohn's disease; CDAI, Crohn's disease activity index; CRP, C reactive protein; HC, healthy control; IBD, inflammatory bowel disease; SCCAI, simple clinical colitis activity index; UC, ulcerative colitis

Table 1 Clinical details of the patients included in our study

	UC	CD	Total
Number	86	84	170
Male	55	39	94
Female	31	45	76
Active	39	28	67
Inactive	47	56	103
Mean disease duration (years)	7.7	8.5	8.1
Disease localisation			
Proctitis (UC)/ileum (CD)	11	21	
Left sided colitis (UC)/colon (CD)	48	27	
Total colitis (UC)/ileum+colon (CD)	27	36	
Disease type (CD)			
Stenosing		28	
Fistulising		17	
Inflammatory		39	
Current treatment*			
Salazopyrine	6	4	10
5-Aminosalicylic acid	62	49	111
Oral steroids	19	20	39
Topical steroids	13	5	18
Azathioprine	7	18	25
Methotrexate	0	4	4
Infliximab	1	11	12
Metronidazole	0	18	18
None	7	6	13

*Some patients received more than one drug.
CD, Crohn's disease; UC, ulcerative colitis.

evaluated by means of the Crohn's disease activity index (CDAI) score,¹² and in UC by the simple clinical colitis activity index (SCCAI).¹³ Patients with osteoarthritis, rheumatoid arthritis, breast cancer, and colorectal cancer were excluded. Patients with liver disease other than primary sclerosing cholangitis were also excluded, and these comprised six cases (three alcoholic, two viral hepatitis). With regard to colorectal cancer, all patients with IBD were under a surveillance programme, with regular colonoscopies and biopsies. Standard laboratory parameters including red and white blood cell count, haemoglobin, haematocrit, platelet count, albumin, erythrocyte sedimentation rate, and C reactive protein (CRP) were routinely determined in all patients. All serum samples were stored at -70°C until assayed. Our study protocol was approved by the ethics committee of the Medical Faculty of Crete.

Laboratory studies

Serum laminin was determined in all patients with IBD and controls by means of a commercially available assay (QuantiMatrixTM human laminin enzyme linked immunosorbent assay kit; Chemicon International, Temecula, California, USA). Serum collagen IV was also measured by Biotrin Collagen IV enzyme immunoassay (Biotrin International GmbH, Sinsheim-Reihen, Germany), which is a one step sandwich enzyme immunoassay that uses a pair of monoclonal antibodies to recognise different antigenic sites on collagen IV. When a specimen is measured simultaneously more than eight times with these assays, the coefficient of variance for the measured value is less than 12% and 15% for laminin and collagen IV, respectively.

Statistical analysis

All results are expressed as mean (SD). Comparisons between the four diagnostic groups in terms of continuous measurements were made by the Kruskal-Wallis test (non-parametric ANOVA). Post hoc multiple comparison tests were made by Dunn's test. The same tests were used for the comparisons between the groups of disease localisation. Comparisons between two groups (active versus non-active disease, stenotic versus non-stenotic CD, etc) were made by means

of the Student's *t* test or Mann-Whitney U test. The Kolmogorov and Smirnov test was used to assess the assumption that data were sampled from populations that have Gaussian distributions. The association between serum laminin or collagen IV and disease activity indices or other laboratory parameters was examined by linear regression analysis. The evaluation of linearity was done by the Runs test. A level of $p < 0.05$ was considered significant.

RESULTS

Figures 1 and 2 show the distribution of laminin and collagen IV in patients and controls. Mean (SD) serum laminin concentrations were 281.0 (110.1) ng/ml in patients with UC, 275.6 (106.7) ng/ml in patients with CD, 192.0 (17.8) ng/ml in healthy controls, and 198.5 (32.5) ng/ml in patients with non-IBD intestinal inflammation. A significant difference between the mean concentrations of laminin in the four groups was found ($p < 0.0001$). The multiple comparisons Dunn's test showed that patients with UC and CD had similar average concentrations of laminin ($p > 0.05$). Similarly, laminin concentrations did not differ between the two groups of controls (HC and non-IBD). Patients with UC and CD had significantly higher laminin concentrations than both groups of controls (UC *v* HC, $p < 0.001$; UC *v* non-IBD, $p < 0.01$; CD *v* HC, $p < 0.001$; CD *v* non-IBD, $p < 0.01$). One hundred and twenty one patients with IBD (61 UC, 60 CD; 71.2%) had laminin concentrations above the 95th centile of matched healthy controls. In contrast, mean (SD) serum collagen IV concentrations were 72.8 (22.9) ng/ml in patients with UC, 71.0 (18.2) in patients with CD, 79.8 (12.2) ng/ml in healthy controls, and 88.9 (24.6) ng/ml in patients with non-IBD intestinal inflammation. Patients with UC and CD had significantly lower serum collagen IV concentrations than did healthy and inflammatory controls. There was a significant difference between the mean concentrations of collagen IV in the four groups ($p < 0.0001$). The multiple comparisons Dunn's test showed that the UC and CD groups had similar average collagen IV concentrations ($p > 0.05$), as did the two groups of controls (HC and non-IBD). Patients with UC and CD had significantly lower collagen IV concentrations than both groups of controls (UC *v* HC, $p < 0.001$; UC *v* non-IBD, $p < 0.01$; CD *v* HC, $p < 0.001$; CD *v* non-IBD, $p < 0.01$).

With regard to disease activity, serum laminin concentrations were significantly higher in the active phase in patients with UC (mean, 309.1; SD, 103.5 ng/ml) than in the inactive phase (mean, 257.6; SD, 110.8 ng/ml; $p = 0.03$; unpaired *t* test). The data were normally distributed (Kolmogorov and Smirnov test, $p > 0.10$). Similarly, in patients with CD, mean (SD) laminin concentrations were 315.2 (134.1) ng/ml in active disease, significantly higher than those seen in non-active disease (mean, 256.0; SD, 84.6 ng/ml; $p = 0.04$; unpaired *t* test with Wech correction; normality test of Kolmogorov and Smirnov, $p > 0.10$). Mean serum collagen IV concentrations were not significantly different between the active and inactive phase of both diseases (UC: Mann-Whitney U statistic, 723.5; $p = 0.5$; CD: Mann-Whitney U statistic, 661; $p = 0.21$).

Serum laminin concentrations were lower in patients with proctitis than in those with left sided or extensive colitis, although the difference was not significant ($p = 0.26$). In addition, patients with CD who had an ileum localisation had higher laminin concentrations (mean, 290.9.3; SD, 90.1 ng/ml) than those with ileocolonic (mean, 279.9.5; SD, 85.2 ng/ml) and colonic disease (mean, 257.7; SD, 128.8 ng/ml), but again the differences were not significant ($p = 0.4$).

Subsequent analyses of other subgroups revealed no significant correlation between serum laminin or collagen IV concentrations and disease type (stenotic versus non-stenotic), years of diagnosis (early versus late disease),

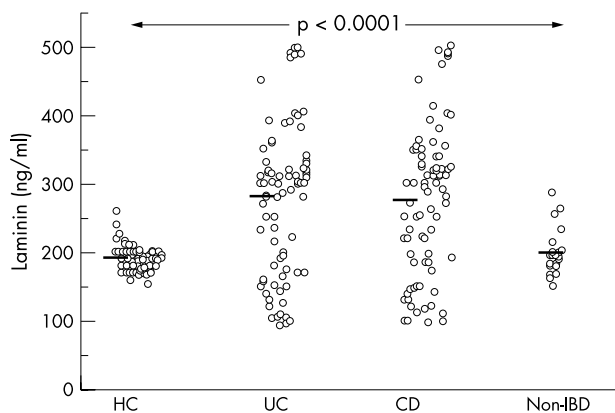


Figure 1 The distribution of laminin in healthy controls (HC, n = 80), and patients with ulcerative colitis (UC, n = 86), Crohn’s disease (CD, n = 84), and non-inflammatory bowel disease (non-IBD) (n = 23). Each individual patient or control is shown as a circle; the bold lines are mean values.

smoking habits, and the current use of medications such as 5-aminosalicylic acid, prednisone, and azathioprine. Patients with IBD and primary sclerosing cholangitis (seven patients) had significantly higher collagen IV concentrations (mean, 105.9; SD, 35.9 ng/ml), but similar laminin concentrations (mean, 283.9; SD, 133.5 ng/ml), compared with patients without primary sclerosing cholangitis.

Serum laminin was positively correlated with CRP ($r = 0.46$; $p = 0.02$) and negatively with albumin ($r = -0.54$; $p = 0.006$). No significant deviation from linearity was found using Runs test. Conversely, no correlation between serum collagen IV and CRP or albumin was found. No correlation between serum laminin or collagen IV and clinical indices of activity (CDAI and SCCAI) was found.

DISCUSSION

Our study shows that serum concentrations of laminin are increased in patients with IBD, whereas those of collagen IV are decreased. The measurement of circulating connective tissue metabolites has been suggested as a useful tool for the assessment of fibroproliferative activity in various diseases. The longstanding inflammation seen in inflammatory bowel disease may induce prolonged repair processes, causing irreversible changes in the tissue architecture and stricture

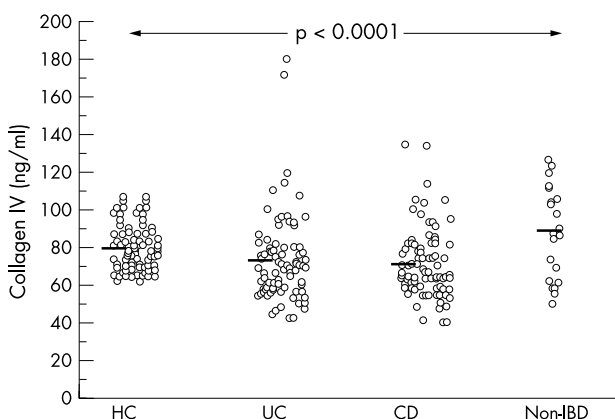


Figure 2 The distribution of collagen IV in healthy controls (HC, n = 80), and patients with ulcerative colitis (UC, n = 86), Crohn’s disease (CD, n = 84) and non-inflammatory bowel disease (non-IBD) (n = 23). Each individual patient or control is shown as a circle; the bold lines are mean values.

Take home messages

- Patients with inflammatory bowel disease (both ulcerative colitis and Crohn’s disease) have increased serum concentrations of laminin but decreased serum concentrations of collagen IV
- Concentrations of serum laminin, but not collagen IV, correlated with disease activity in both diseases
- There was no significant association between these markers and disease localisation or disease type
- These proteins may be useful surrogate markers for sustained inflammation and tissue remodelling

formation. The degree and distribution of inflammatory cell infiltrates may determine the clinical outcome in IBD, including the increased submucosal collagen observed in UC¹⁴ and the transmural fibrosis, stenosis, and obstruction that are frequently complications of CD.³

Laminin, the major non-collagenous component of the basement membrane, plays an important role in epithelial basal lamina formation and promotes the differentiation of human enterocytes. In a recent study, no positive immunoreactivity against laminin was seen in epithelial basement membranes surrounding the crypts in colonic tissues affected by UC.¹⁵ Serum laminin has been found to be increased in patients with IBD who also have hepatobiliary and pancreatic disorders, compared with those without these complications,⁸ although this study was limited by the absence of healthy or inflammatory controls. Our study is the first in which the serum laminin concentrations of patients with IBD, patients with other causes of intestinal inflammation, and healthy controls are compared. We found that raised serum laminin concentrations in patients with IBD were associated with disease activity, but not with hepatobiliary disorders. Circulating laminin, which is relatively resistant to degradation by proteases, may possibly reflect basement membrane degradation, although this is not verified by the concentrations of collagen IV, which is also a basement membrane element. It could be an indicator of vascular endothelial cell damage, and this should be further investigated.

“We found that raised serum laminin concentrations in patients with IBD were associated with disease activity, but not with hepatobiliary disorders”

Recent studies have shown that propeptides of procollagen I and III were decreased, whereas the C-terminal propeptide of collagen I was increased, in the peripheral and splanchnic circulation of patients with CD when compared with healthy controls.^{10 16} To our knowledge, there are no published data on circulating collagen IV in IBD. Collagen IV accumulation has been found in tissue samples from patients with UC.¹⁵ Our data provide further evidence of altered collagen metabolism in IBD. The finding of low serum collagen IV in IBD could be explained by the suggestion that this molecule is retained or degraded locally, resulting in a decreased escape rate into the circulation.

In conclusion, the measurement of serum laminin and collagen IV may be useful surrogate markers for sustained inflammation and tissue remodelling in inflammatory bowel disease.

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ECHO

Anti-chromatin antibodies are a useful marker for lupus nephropathy



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Anti-chromatin antibodies, measured by ELISA, can be detected in 69% of patients with systemic lupus erythematosus (SLE) but only 7–10% of those with primary Sjogren's syndrome, systemic sclerosis, and primary antiphospholipid syndrome (APS). The antibody was not present in 100 healthy blood donors, acting as controls.

Of the patients with SLE, 52 of 100 had evidence of lupus nephropathy and 42 of these were positive for anti-chromatin antibody, yielding a sensitivity of these antibodies for lupus nephritis of 81% and a specificity of 39%. The mean level was 68U in those with nephropathy and 42U in those without. There was a significant correlation between disease activity and antibody level ($R^2 = 0.0689$).

Anti-chromatin antibodies did not correlate with the presence of ANA, antiphospholipid antibodies or rheumatoid factor. Using the Farr assay, six samples were anti-dsDNA positive but anti-chromatin antibody negative, possibly because some antibodies recognise structures of DNA that can occur in protein-free DNA in solution but not when DNA is wrapped around the histones in chromatin bound to the solid phase of the ELISA plate.

Measuring anti-chromatin antibodies is a useful addition to the laboratory tests that can help in diagnosis of SLE and can be a useful marker for an increased risk of nephropathy.

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